

LESSONS FROM THE VALLEY - PART 1

3 MASTER KEYS FOR OUR VALLEYS

1. **Valleys:** In introducing this series, *Lessons From The Valley*, which can also be referred to as the wilderness, Pastor spoke of three types of experiences: *The Valley/Wilderness of Preparation*; *The Valley/Wilderness of Appointment*, and *The Valley/Wilderness of Decision*. If you have been through any of these experiences, share with the group how you endured that season and what the Lord did to preserve you in it and to bring you out of it.
2. **Consistency:** One of the master keys to surviving a valley experience is the discipline of consistency, learning how to be steady each day without getting too high or too low spiritually, psychologically, or emotionally. List and discuss some practical ways to cultivate greater consistency in one's spiritual walk with Christ.
3. **Loyalty:** Defined as a strong and unwavering commitment to a cause, loyalty is a second master key to surviving a valley season. Share with the group a cause that you are deeply committed to, and how this commitment has helped you to weather a low season in your life. Have you witnessed the death of any giants in your life simply because of your loyalty to this cause?
4. **Courage:** "*Only be thou strong and very courageous...*" [Josh. 1:7]. This call to courage is the words of Moses to Joshua in preparing him to lead the second generation of Israelites out of the wilderness and into God's promised land. As you conclude this evening, spend a few moments discussing inner strength and how it comes either by understanding one's placement in Christ or through a godly self-determination. How has this season in the valley brought more strength out of you, and can you honestly say that this season has made you stronger than before?

Prayer: Father, Lead Us Victoriously Through This Present Valley, In Jesus Name.